## "GOD IS OUR STRENGTH" DEVOTIONAL & PRAYER

Our prayer this week focuses on God Who is our "Strength". He is the One Who has firmness of will, character, mind and purpose and gives us His power and strength to resist the enemy.

It comes from our Prayer Verse, Ephesians 6:10: "Finally, be *strong in* the Lord and *in His mighty power*."

It is amazing to know that Paul wrote this letter while he was in a dungeon inside a prison all because he was telling the world of Jesus. Many of God's children around Ephesus and Asia Minor at this time had lost courage and had become very depressed because they felt that if God could not "seemingly" protect Paul, God's chosen vessel while spreading His gospel, what hope is there for them? (Have you ever felt that way at times? Have you ever heard someone ask a similar question such as why did God allow this to happen to...?) And hereby Paul, even though beaten and imprisoned, thoughtfully wrote these Ephesian children to strengthen their faith and to teach them and show them that when we face trials in this lost world (and we all will), when we try to face them in our own strength, our own firmness of will, our own character and our own understanding of what we think to be its purpose, without God and the strength of His presence and wisdom, we will fail and be discouraged. But when we turn to God, we will have His full strength and all He offers us in His character and power to overcome the enemy and his attacks. Through His Holy Spirit, we have God's perfect strength, His firmness of will, His character, His perfect understanding of each situation and its purpose for our eternal good, His mind and His purpose, to overcome whatever the enemy tries to put before us. This doesn't mean we will know all that He knows about each situation, but we can trust in Him that in the midst of each of those trials, His *strength* will guide us through to the other side. We can pray that we will be strong in the Lord and in His mighty power as we walk through each of our situations with Him. We can pray that we will understand that in our own selves, we are weak but God is willing to offer us His Own strength. We can pray that we will understand that through God and His provision of His Son, through that union in Him, we can have His perfect *strength* and mighty power to overcome all that the enemy will put before us throughout each and every situation that we will face in our lives. We can also trust and pray that He desires to do this for us because His Word tells us so. So, let us pray, believing that He is doing a mighty work in our lives as we turn to our true "Strength". Let us pray:

"Dear Heavenly Father, we humbly bow before Your throne in our hearts and praise You for being our "*Strength*". Lord, we ask that You will help me and...

(names of those you are praying for)

be strong in You and in Your mighty power! Lord, we believe You desire to do this for us for it is in Your Word. May we recognize our need for You and humble our hearts before your mighty throne. May our hope be in You all day long. Thank-you for loving us with an everlasting love and may it all be for the glory of Your name. In Your loving Son's name, Jesus, we pray, Amen.".