

“GOD IS OUR SUSTAINER” DEVOTIONAL & PRAYER

Our prayer this week focuses on God Who is our "*Sustainer*". He is the only One Who can truly protect us from harm or danger, keep watch over us and keep us secure.

It comes from our Prayer Verse, Psalm 89:21 "My hand will *sustain* him, surely My arm will strengthen him."

This Psalm was written about God and one of His greatest characteristics that He lovingly offers each of us while living on this earth with Him. The psalmist shares with us that God is the true *Sustainer* of our lives, He is the only One Who can truly protect us from harm or danger, keeping watch over us and keeping us secure in Him when all around us is falling apart. When the author wrote this verse, he wrote it about King David and how God lovingly *sustained* him and strengthened him in many difficult situations throughout his life. We also know from God's Word that God's character never changes and He loves all of His children the same. In this knowledge, we can trust that just as much as He loved and *sustained* King David from a shepherd boy to a king, and all that those painful years entailed, He is *loving and sustaining* each one of us too. As we look back into David's life and then into our own lives, we can see that just as God protected David from Saul when he wanted to kill him, we can also see times when God protected us from great harm. When we look back into David's life and see how God preserved him through years of trials and temptations and then gave him love, mercy, forgiveness and strength when he cried out to Him, we can also see this in our own lives when we reached out to Him in those times as well. And when we look back and see throughout scripture where God *sustained* David when he was weak, tired and worn in spirit and soul, we can also see throughout our lives when we were weak, tired and worn in spirit and soul how God wrapped us in His arms and *sustained* us through those times as well. Just as the faithfulness and mercy of our Father never left David (even when he felt at times as if they did), God was always there carrying him through the journey of life with all its ups and down, so also our Heavenly Father is doing the same for each of us. As we look back through our own history, all the way from our childhood to adulthood, we can see His hands *sustaining* us through painful years and strengthening us to make it through. Let us pray that we will know the faithfulness and mercy of our Heavenly Father in a sweet and intimate way just as David did. Let us pray that we will lean into Him and derive our strength from Him, resting in His protection and provision, as we walk this earth with Him. Let us pray that all of us will know how much He loves us, just as much as He did David, and that He desires to be the *Sustainer* in our hearts, souls and minds and we will look to our *Great Sustainer* in times of need. Let us pray:

"Dear Heavenly Father, we humbly bow before Your throne in our hearts and praise You for being our "*Sustainer*". O Lord, may Your hand *sustain* me and...

(names of those you are praying for)

May Your arm strengthen us. Lord, we believe You desire to do this for us for it is in Your Word. May we recognize our need for You and humble our hearts before your mighty throne. May our hope be in You all day long. Thank-you for loving us with an everlasting love and may it all be for the glory of Your name. In Your loving Son's name, Jesus, we pray, Amen."